

ELENA BLYSKAL

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HIGHER EDUCATION

- Doctor of Musical Arts** in Vocal Pedagogy and Performance 2018
- University of Miami Frost School of Music, Coral Gables, FL
Essay: “Mindfulness Practice in the Collegiate Voice Studio: A Case Study”
- Master of Music** in Vocal Performance 2014
- Longy School of Music of Bard College, Cambridge, MA
- Bachelor of Arts** in Music and Theatre Arts 2008
- Providence College, Providence, RI *summa cum laude*
- Additional graduate studies** in Vocal Pedagogy and Music Education 2009
- Long Island University at C.W. Post, Brookville, NY
- Additional undergraduate studies** in Vocal Performance and Theatre 2007
- New York University, New York, NY

Teachers

- Jared Trudeau 2018-present
- Dr. Esther Jane Hardenbergh 2015-2018
- Carol Mastrodomenico 2012-2015
- Dr. Scott Murphree 2008-2012
- Dr. Erin Heisel 2007-2008

Coaches

- Alan Johnson 2016-present
- Dr. Caren Levine 2015,2018
- Brian Moll 2012-2015
- Robert Merfeld 2012-2014

NON-INSTITUTIONAL TRAINING

- | | | |
|--|-----------------------------------|------|
| Trauma-Informed Voice Teaching | Emily Jaworski Koriath | 2022 |
| Visceral Voice Self-Care Program | The Visceral Voice | 2022 |
| YogaVoice | Mark Moliterno, Kristin Roney | 2022 |
| Teaching Pop/Rock Styles | Melissa Foster, CCM Institute | 2022 |
| Musical Theatre Styles | Edrie Means Weekly, CCM Institute | 2022 |
| Guide to Breaking Down the Riffs | Natalie Weiss | 2021 |
| Neurodiversity in the Voice Studio | Dr. Shannon Coates | 2021 |
| Songwriting for Voice Teachers, I&II | Kat Reinhert | 2021 |
| Moving from Appropriation to Appreciation
in the White-Owned Voice Studio | Jess Baldwin | 2020 |
| Sheri Sanders’ Rock the Audition | On Demand; sherisanders.com | 2019 |
| Bel Canto/Can Belto Musical Theatre | Pennsylvania State University | 2018 |

Voice Pedagogy Workshop CCM Vocal Pedagogy Institute Sessions I, II & III	Shenandoah University	2016
Vocal Pedagogy Internship	University of Miami Hospital Laryngology and Speech Pathology	2016
Emerging Artist	OperaWorks	2015
Teaching Artist Certification	Longy School of Music of Bard College	2014

TEACHING EXPERIENCE - Higher Education

Boston Conservatory at Berklee Aug 2021-present

Adjunct Assistant Professor

- T-AP 0401: Applied Voice for BFA Musical Theatre majors
- T-AP 0402: Applied Voice for MFA Musical Theatre Vocal Pedagogy majors
- Served on Theatre Voice and Health & Wellness Committees

City University of New York, Queens College Jan 2019-present

Adjunct Assistant Professor

- MUS 266/666: Vocal Pedagogy
- Topics covered include: vocal anatomy & physiology, functional listening and diagnosis, choral pedagogy, life cycle of the singing voice, trans/GNC voices, musical theatre and CCM considerations, vocal health, motor learning, performance anxiety

Manhattanville College Spring 2022-present

Adjunct Professor

- MUA 4611: Applied Voice for BFA Musical Theatre majors

The College of New Jersey Fall 2021 & 2022

Adjunct Professor

- MUS 200 and 300: Applied Voice
- Classical and musical theatre styles
- Music education majors and B.A. Music majors

Monmouth University Jan 2020-May 2022

Adjunct Professor

- Two sections of MU 191: Applied Music: Voice
- Classical, musical theatre, and CCM styles

Music education majors, music industry majors, musical theatre majors, and non-majors

Webb Institute 2019

- Choir Director

Lesley University 2018

- Guest Artist Residency
CDRAM 2888/CCRWT 2888: Art & Craft of Musical Theater Writing
- Instructing undergraduate and graduate students in vocal technique and scene/song study; musical directing end-of-semester cabaret night

University of Miami, Frost School of Music 2016-2017

- Instructor of Record
 - MVP 250: Lyric Diction for Singers – English & Italian 2017
 - MVP 252: Lyric Diction for Singers – German & French 2017
 - MVP VO1-13: Voice (music education majors) 2016- 2017
 - MVP VOS-13: Secondary Voice (non-voice majors) 2017
 - MVP 144: Vocal Techniques for Non-Majors 2016
- Graduate Teaching Assistant
 - MVP 488: Opera Theater Workshop 2017
 - MVP 167: Musical Theater Workshop 2017
 - MVP 538/6338: Vocal Pedagogy 2016

Lesley University 2015

- CDRAM 2042: Play Production
 - Assistant Instructor of Theatre
- Taught undergraduate and graduate students private and group instruction in vocal technique, song/scene study, and dramatic interpretation
- Prepared students for culminating musical production
 - Taught and rehearsed vocal parts
 - Wrote and arranged additional ensemble parts
 - Adapted solos and duets for principal actors' abilities
- Recruited and conducted pit musicians; played keyboards in pit orchestra

VOCAL PERFORMANCE

* denotes scene.

Stage

Rosalie Mullins	<i>School of Rock</i>	Cultural Arts Playhouse	2022
Madame Mao (cover)	<i>Nixon in China</i>	The Princeton Festival	2019
Khloe/Kourtney	<i>Opera Kardashian</i>	Miami, FL	2018
Queen	<i>Die Zauberflöte</i> (outreach)	Opera Theater of Montclair	2018
Voice	<i>Einstein's Inconsistency</i>	Frost Opera Theater (FL)	2017
*Queen	<i>Die Zauberflöte</i>	Frost Opera Theater	2016
Performer	<i>MozArt Mostly</i>	Frost Opera Theater	2015
	* Florestine, <i>The Ghosts of Versailles</i>		
Performer	<i>Performance Re-Imagined</i>	OperaWorks (CA)	2015
	* Emily's Aria, <i>Our Town</i>		
Fanchette	<i>The Lantern Marriage</i>	Longy Opera Workshop	2013
*Belinda	<i>Dido and Aeneas</i>	Longy Opera Workshop	2012
*Adina	<i>L'elisir d'amore</i>	Florence Voice Seminar	2012
Novice Soprano	<i>Suor Angelica</i>	New York Lyric Opera	2011
Marianne	<i>The New Moon</i>	Sayville Opera (NY)	2010
*Susanna	<i>Le nozze di Figaro</i>	Fairbanks Summer Festival	2009

Recital and Concert

Private House Concert (Vivaldi)	Long Island, NY	2018
H.E.R. (Boulanger, Larsen)	Kaleidoscope MusArt (FL)	2018
Cabaret: Then and Now	Miami, FL	2017
<i>Spanisches Liederbuch</i>	Miami, FL	2017
soundSCAPE Festival	Maccagno, Italy	2017
New American Voices	Miami, FL	2017
<i>Falling Through Prepositions</i>	Zenith Art & Fashion	2017
Noche de Zarzuela	Hispanic-American Lyric Theatre	2017
Solo Recital	Miami, FL	2016
New Works by Longy Composers	Longy School of Music	2015
<i>Songs on Fire</i>	Longy School of Music	2014
*world premiere, commissioned by soloist		
Solo Recital	Longy School of Music	2014
Faculty Artist Recital	Longy School of Music	2014
Peter J. Evans, theorist		
Side by Side: Liederabend	Longy School of Music	2014
Chamber Music Series	Longy School of Music	2013
Solo Recital	Cambridge, MA	2013
Emerging Artist Concert	New York Lyric Opera	2012

Select Choral

Cathedral of the Incarnation	Garden City, NY	2018-present
eVoco Voice Collective	Long Island, NY	2018-2019, 2022
Muted Performance by Samson Young, in conjunction with Art Basel	Miami, FL	2017
Andrea Bocelli in Concert	American Airlines Arena	2017
The Legend of Zelda: Symphony of the Goddesses	Adrienne Arsht Center	2016

RECORDINGS

eVoco Voice Collective	Refuge (upcoming)	2022
<i>Soloist, Gregory Spears' The Tower and the Garden</i>		
eVoco Voice Collective	Journeys & Awakenings	2019
<i>Soloist, John Corigliano's L'invitation au voyage</i>		

PRESENTATIONS

25 February 2022 (remote). Performing Your Personal Best: Unpacking Performance Anxiety. Hardin-Simmons University.

30 October 2021 (remote). Performing Your Personal Best: Unpacking Performance Anxiety. Nassau Music Educators Association.

7 December 2020 (remote). Performing Your Personal Best: Unpacking Performance Anxiety. NYSSMA CyberSummit.

23 May 2020 (remote). A Case for Mindfulness in the Collegiate Voice Studio. Symposium on Eudaimonia and Music Learning.

4 December 2019. Performing Your Personal Best & Where Mind Meets Body: Onstage and Beyond. Georgetown Day School.

21 October 2019 (remote). The Composer's Introduction to Voice: Collaborating with Satisfaction and Success. University of California at Riverside.

10 April 2019. Unpacking Performance Anxiety & A Case for Singing Mindfully. Western Connecticut State University.

8 April 2019. Unpacking Performance Anxiety. CUNY Queens College.

6 February 2018. Singing for Musical Theatre. Lesley University.

13 November 2017. Where Mind Meets Body: A Case for Singing Mindfully. Broward College.

14 April 2017. Is Vaping Marijuana Safe for the Vocal Folds? World Voice Day, University of Miami.

14 November 2016. Warmups and Repertoire: Guidelines for Putting it All Together. University of Miami.

9 October 2016. Performance Anxiety: Raising Awareness. University of Miami.

15 April 2016. Room for Everything: A Case for Mindfulness in the Vocal Studio. World Voice Day, University of Miami.

15 February 2014. Literature for Teaching: Guidelines for Choosing Repertoire in the Studio. Longy School of Music of Bard College.

RESEARCH & SCHOLARSHIP

Associate Editor for VOICEPrints, Spring 2020-present.

Blyskal, Elena. "A Case for Mindfulness in the Collegiate Voice Studio, Part 1" and "Mindfulness in the Collegiate Voice Studio, Part 2: A Case Study." Sept/Oct and Nov/Dec 2022, NATS' *Journal of Singing*.

Blyskal, Elena. "Book Review: The Musician's Mind." VOICEPrints, May/June 2021.

Blyskal, Elena. "The Female Primo Passaggio: A Survey of Its Physiology, Psychology and Pedagogy." NATS' *Journal of Singing*, Vol. 69, No. 1: 2012, p. 11-19.

Blyskal, Elena. "Dancing As Storytelling: The Innovations of Robbins and Fosse." Writing About Dance. Ed. Wendy Oliver. Human Kinetics: 2011, p. 155-162.

ADDITIONAL TEACHING EXPERIENCE

Private Voice Teacher 2006-present

- Taught weekly private voice lessons to students ages 5-75
- Organized annual studio recitals
- Prepared students for college auditions, solo competitions (e.g. NYSSMA), and theatre auditions and performances
- Introduced variety of genres and languages

AfterWork Theater Voice Instructor for Singing Solo Class, 2020

- Taught weekly group musical theatre voice class for adults
- Designed class curriculum, including an introduction to vocal anatomy and physiology, mental performance skills, and song interpretation
- Curated developmentally appropriate repertoire from a variety of eras
- Coached students on cuts and full songs from handpicked repertoire

Highbridge Voices Voice Instructor 2018-present

- Taught weekly private voice lessons to South Bronx children ages 11-18
- Nurtured musicianship skills and developmentally appropriate singing habits
- Prepared students for choral rehearsals, extracurricular performance opportunities, and specialized high schools and colleges

Miami Conservatory of Music Voice & Piano Instructor 2016-2017

- Taught weekly private voice and piano lessons to students ages 6-40
- Prepared students for recitals, competitions, and festivals

Miami Music Works Voice & Piano Instructor 2015-2016

- Taught weekly private voice and piano lessons to students ages 6-40

Franklin School for the Performing Arts Instructor of Voice 2014-2015

- Voice 1
 - Introduced second-graders to healthy technique, musicianship, and repertoire in varied languages and genres
 - Developed lesson plans based on given curriculum
 - Organized and executed bi-annual recitals
- Studio Voice
 - Taught weekly private voice lessons to students ages 11-22
 - Developed individualized repertoire sequences to meet students' goals
 - Introduced mind-body self-awareness as needed
 - Organized annual studio recital
 - Prepared students for college and theatre auditions and competitions

East Islip School District Master Class Clinician 2014-2015

- Coached high school students on All-State solos, over two four-day residencies
- Provided additional private coachings for interested students

Longy School of Music of Bard College Teaching Artist 2014

- Co-designed and executed an interactive lesson on Messiaen's use of color
- Successfully implemented lesson in two urban sixth-grade classrooms
- For more information: <https://www.youtube.com/watch?v=Xh0Qj0U4AiQ>

CM Performing Arts Center Voice Instructor 2008-2009

- Taught weekly group music classes for children, grades 2-3 and 6-8
- Introduced students to healthy vocal habits and basic musicianship
- Prepared students for culminating musical production
 - Taught and rehearsed vocal parts
 - Coached song interpretation, stage presence, and effective communication

ADDITIONAL MUSICAL EXPERIENCE

Freelance Piano Accompanist 2007-present

- Accompanying singers and instrumentalists competing in NYSSMA (New York State School Music Association)'s solo festival, Levels 4-All-State
- Accompanying high school musical production auditions
- Accompanying choir, band, and orchestral concerts and competitions

Freelance Pit Keyboardist 2008-present

Playing keyboards for musical productions; credits available upon request.

Freelance Musical Director 2008-present

- Taught and rehearsed all vocal parts with casts ranging from ages 6 to 60
- Coached principal actors on song interpretation
- Recruited and conducted all pit orchestras
- Arranged and wrote additional orchestral and vocal parts
- Played keyboards for all rehearsals and performances
- Negotiated pit musicians' salaries
- Liaised between cast, musicians, production team, and administration

Select musical direction and accompanying credits:

<i>Miscast Cabaret</i>	Marymount Manhattan College	2018
<i>Elf the Musical, Jr.</i>	John W. Engeman Theatre	2018
<i>Spotlight Showcase</i>	Lesley University	2018
<i>The Big One</i>	Lesley University	2015
<i>The Wild Party (Lippa)</i>	Eastern Suffolk BOCES	2010
<i>The Producers</i>	Broadhollow Theatre Company	2009
<i>High School Musical 2</i>	Broadhollow Theatre Company	2009
<i>High School Musical 2</i>	CM Performing Arts Center	2009
<i>The Wedding Singer</i>	Broadhollow Theatre Company	2009
<i>The Wizard of Oz</i>	CM Performing Arts Center	2009
<i>Annie Warbucks</i>	Broadhollow Theatre Company	2008
<i>Jekyll & Hyde</i>	CM Performing Arts Center	2008
<i>Les Miserables: School Edition</i>	Broadhollow Theatre Company	2008
<i>Les Miserables: School Edition</i>	Body Language Dance & Theatre Arts	2008

ADDITIONAL EMPLOYMENT

Receptionist	Humane Society of New York	2010-2012, 2016-2018
Admissions Assistant	Bay State College (Boston, MA)	2013-2015
Medical Receptionist	East Islip Professional Plaza (Long Island, NY)	2008-2010

MEMBERSHIP

National Association of Teachers of Singing, Full Member, 2014-present.
National Association for Music Education, 2018-present.

ADJUDICATION

eVoco Voice Collective Young Artist Awards, 2019-2020.
Certified NYSSMA Adjudicator, 2018-present.
NATS Gold Coast Chapter Auditions, FL, 2017.
Frost School of Music, auditions for prospective undergraduate voice majors, 2017.

HONORS

Graduate Teaching Assistantship (2016-2017), University of Miami.
Merit Scholarship (2012), Longy School of Music of Bard College.
Julian Rodescu Memorial Fund Scholarship (2012), Florence Voice Seminar.
Talent Scholarship (2009), Fairbanks Summer Arts Festival.
Highest awards in Theatre and Music Departments (2008), Providence College.
Merit Scholarship to Spring in New York Program (2007), New York University.

REFERENCES

Available Upon Request.